

TANDOORI SECTION

savour the authentic aroma of these sizzling dishes served straight from the tandoor complemented by our chef's special sauce & rice

CHICKEN TIKKA pieces of chicken marinated in homemade yogurt, spices & barbecued in the clay oven	12.95
LAMB TIKKA tender pieces of lamb marinated in yogurt flavoured with indian spices & cooked in the clay oven.	13.95
TANDOORI CHICKEN (ON THE BONE) chicken on the bone marinated with traditional spices cooked in the clay oven	12.95
KEBABI KHANZANA (MIXED GRILL) tandoori chicken, seekh kebab, lamb tikka, chicken tikka & king prawn	15.95
CHICKEN TIKKA SHASHLIK skewered chicken, onions, capsicums & mushroom BBQ untill bursting with flavour	13.95
KING PRAWN TANDOORI king prawns marinated in homemade yogurt, fresh lemon juice & spices, BBQ in the clay oven	15.95
SEA VIEW SPECIAL PANNER TIKKA spices herbs with onion, pepper, mushroom, served with mint sauce.	12.95



Kids menu



DRINKS £1.25

- ORANGE FRUITSHOOT
- BLACKCURRANT FRUITSHOOT

MEAL £4.99 EACH

- CHICKEN CURRY & CHIPS/RICE
- PLAIN OMELETTE & CHIPS
- HADDOCK & CHIPS
- SCAMPI & CHIPS
- CHICKEN KORMA & CHIPS/RICE
- CHICKEN PAKORA & CHIPS
- FISH FINGERS & CHIPS
- CHICKEN NUGGETS & CHIPS



MILD) MEDIUM)) HOT))) EXTRA HOT)))) V VEGAN

GIFT VOUCHER ALSO AVAILABLE

Gift Voucher

To The Value of £:

Date of Issue:

Issued By:

Valid until:

NAMASTE!

Gift Voucher
To The Value Of £

TERMS AND CONDITIONS

Sea View GOUROCK

26-28 KEMPOCK PL, GOUROCK PARK TQ9
01476 636842

www.seaviewgourock.co.uk

ROTI & NAN (BREADS)

PLAIN NAN	2.99
GARLIC NAN	3.50
PESHWARI NAN (sweet)	3.99
KEEMA NAN (mince)	3.99
GARLIC & CORIANDER NAN	3.99
CHEESE NAN	3.99
CHILLI NAN	3.50
CHAPATI	1.50
TANDOORI ROTI	1.50
PLAIN PARATHA	2.99
KEEMA PARATHA (mince)	3.99

ACCOMPANIMENTS

POPPADOMS	0.99
SPICED ONIONS	1.50
KACHUMBER SALAD	1.50
MANGO CHUTNEY	1.60
MIXED PICKLE	1.35
CHIPS	2.75
MASALA CHIPS	2.95
RAITA	1.75
ONION RINGS	3.75

RICE

PULAO RICE / SAFFRON RICE	3.95
BOILED RICE	3.50
EGG FRIED RICE	4.50
MUSHROOM RICE	4.50
GARLIC RICE	4.50
COCONUT RICE	4.50

EUROPEAN

PLAIN OMELETTE & CHIPS	10.95
CHEESE OMELETTE & CHIPS	
GOLDEN HADDOCK & CHIPS	
SCAMPI & CHIPS	

FOR VEGAN & GLUTEN FREE
ASK TO THE STAFF

IF YOU DON'T FIND
ANY FAVOURITE CURRY O
F YOUR CHOICE
PLEASE ASK TO THE STAFF

DINE IN MENU

WELCOME

ALL THE STAFF MEMBERS WOULD LIKE TO EXTEND A WARM WELCOME TO ALL OUR PRESTIGIOUS CUSTOMERS. WE PRIDE OURSELVES ON USING ONLY THE FINEST QUALITY OF FRESH LOCAL PRODUCE. PROVIDING THE BEST QUALITY FOOD & GOOD SERVICE IS THE ULTIMATE MEASURE OF OUR SERVICE

MEET GAMLAL GAIRE

TALENTED CHEF WITH 25 YEARS OF EXPERIENCE PREPARING DELICIOUS, HEALTHY DISHES. SPECIALIZING IN MENUS KNOWN FOR ATTRACTING & RETAINING CUSTOMERS.

OPEN 7 DAYS A WEEK

01475 635842

SUN - THURS 04:00PM - 10:00PM
FRI - SAT 12:00PM - 03:00PM & 4:00PM - 10:00PM
LUNCH 12:00PM - 3:00PM

SCAN ME

APPETISERS

- Poppadoms Basket** 3.99
nibbly bits of basket poppadoms complemented by aromatic spiced onions, mouth watering mango chutney & raita to tantalise your taste buds.
- Pokhara's Achar** 3.99
special salad from pokhara made with potato, cucumber, carrots, green peas & fresh coriander, served with yogurt.

PAKORAS

- Indian Favourite made in spiced batter, deep fried with Piquant Sauce
- VEGETABLE PAKORA** 5.25
CHICKEN PAKORA 5.50
HAGGIS PAKORA 5.95
ONION BHAJI 4.50
PANEER PAKORA 4.50
MIX PAKORA (Chicken & Veg) 5.00

POORIS

- Poori (Light Thin Deep Fried Chapati) Choice of Fillings
- KING PRAWN** 6.50
CHICKEN 5.99
CHAANA (Chick Peas) 4.95
MUSHROOM 4.95

THE STARTERS

- CHICKEN CHAAT** 6.50
chicken drumsticks cooked in sweet & sour sauce
- CHILLI KING PRAWN** 6.95
king prawn cooked with mixed peppers & hot chilli sauce
- GARLIC MUSHROOM (SPICED OR CREAMY)** 5.50
mouth watering mushrooms cooked with a hint of garlic & aromatic herbs
- SALMON TIKKA** 6.95
marinated salmon fish cooked in a clay oven
- LAMB CHOPS (ADRAKI)** 6.95
lamb chops marinated over night in a hung yogurt, fresh ginger & various spices, smoked to perfection
- CHICKEN TIKKA/GALKOT CHICKEN TIKKA** 5.95
marinated chicken barbecued to a juicy perfection with Nepalese spices in the clay oven
- SEEKH KEBAB** 5.95
fine mince of tender lamb mixed with ginger garlic & spices, smoked & cooked to perfection in tandoor
- KING PRAWN TANDOORI** 6.95
marinated king prawns cooked in the clay oven
- PUNJABI SAMOSA** 5.95
indian pastry stuffed with an exotic fusion of spiced vegetables served with savouries & chick peas
- FISH PAKORA (STREET FOOD OF INDIA)** 5.95
mouth watering fried fish with host of spices & onions
- HONEY CHICKEN** 5.95
chicken cooked with honey & desi style twist
- PRAWNS COCKTAIL** 7.95
prawns with cocktail sauce, tomato, cucumber & fresh lemon.
- DHOKLA** 6.95
spicy from Gujrat.

- MIXED PLATTER** 10.95
combination of haggis pakora, vegetable pakora, chicken pakora, chicken chaat, onion bhaji, samosa & delhi aloo tikki

NEPALESE STARTERS

- GURAKHALI CHILLI CHICKEN** 6.50
onion, peppers, spicy nepalese herbs.
- CHICKEN MOMOS (Dumpling)** 6.50
steam Nepalese dumpling with Nepalese chutney.
- VEG MOMOS (Dumpling)** 6.50
steam Nepalese dumpling with Nepalese chutney.
- SEA VIEW SPECIAL TIGER KING PRAWNS** 7.95
crispy Tiger King Prawns, Egg, Served with mint sauce.
- TIMURI CHICKEN** 6.95
special spices from Kathmandu with mint.

NEPALESE FOOD

- GURAKHALI LAMB CHOPS** 12.95
launch favourite Nepalese lamb chops (garlic, ginger in oven served with Nepalese sauce.)
- KATHMANDU SPICY NOODLE** 12.95
prawns, chicken, lamb, fresh veg, onions, pepper, spring onions, fresh coriander
- KATHMANDU SPICY VEG NOODLE** 12.95
fresh veg, onions, pepper, fried garlic, spring onions, fresh coriander.
- BHUTEKO MASU (Tender Lamb)** 12.95
served with sizzler, fresh onion, pepper, fried garlic, ginger, spring onions, fresh coriander
- KHUKHURA KO MASU** 12.95
on the bone chicken prepared cooked in typical Nepalese style with organic spice
- SEA VIEW SPECIAL LAMB CURRY** 12.95
(Lamb Patina) lamb cooked in garlic, pepper sauce & fresh mint lemon
- GUJRATI DAAL (Gouko Ghee) Butter** 12.95
Mix daal, chana, kidney beans, with chicken tikka piece.
- KATHMANDU ALLO** 12.95
mustured seed, red chilli, curry leaf & yogurt.
- CHEF SPECIAL DAAL MAKHANI** 12.95
black whole lentils cooked over 24 hours on tandoor with tomato & aromatic spices with dollups of butter, a must try highly recommended

VEGETABLE SECTIONS

Our vegetarian dishes are inspired by the lush market gardens of India.

- KADHAI PANEER** 6.95
indian cottage cheese simmered in a rich bhoona style sauce with onions & peppers
- DAAL TADKA** 6.95
lentils tempered with garlic, ginger & onion
- BOMBAY ALOO** 6.95
baby potatoes sauteed in our chef's piquant tomato gravy
- CHANA MASALA** 6.95
chickpeas simmered in a fusion of aromatic, punjabi spices
- SAAG ALOO** 6.95
chunks of potato cooked with spinach
- SUBJI MILONI** 6.95
a delicious hot mixed vegetable curry with selected spices & spinach
- MALAI MUTTER MUSHROOM** 6.95
mushroom & fresh garden peas cooked in a creamy sauce
- PANEER MAKHANI** 6.95
indian cottage cheese cooked in a creamy makhani sauce
- SAAG PANEER** 6.95
spinach cooked with indian cottage cheese
- BHINDI BHAJI** 6.95
fresh okra cooked with onion & Chef special spices
- ALOO GOBI** 6.95
potato & Cauliflower cooked in onion & tomato Chef's special sauce

MAIN DISHES - 10.95 SIDE DISHES - 6.95

SPECIAL TASTE SEA VIEW

- SEA VIEW SPECIAL FISH CURRY (WHITE FISH)** 14.95
white fish cooked goan style, tempered with mustard seeds, curry leaves & fresh coconut
- KERELA LAMB CURRY** 14.95
lamb curry is a variation of the dish in kerela cooked with coconut milk
- RAJASTHANI LAAL MAAS** 14.95
spicy lamb hails from rajasthan cooked with yoghurt & hot spices such as red chillies, coriander & whole masala
- CHICKEN KOLHAPURI** 14.95
chicken pieces cooked with garlic, ginger, tomatoes & a variety of different masalas to give that authentic taste
- CHETTINAD CHICKEN** 14.95
chicken cooked in peppers mix of spices & shallot onions
- CHICKEN BAGLUNG** 14.95
chicken curry enriched with royal texture cooked with brown onions yogurt, ginger, garlic & himalayan spices
- CHICKEN BEGUMBAHAR** 14.95
tandoori chicken breast, gently poached in a buttery tomato sauce flavoured with fenugreek
- BOMBAY BAKRA** 14.95
lamb simmered untill tender in an aromatic blend of spinach & mustard leaves
- MINCE & TATTIES** 14.95
scottish delight with an indian twist
- LAMB DESI** 14.95
soft & tender lamb cooked in a traditional home style sauce
- GOAN KING PRAWN CURRY** 14.95
king prawns cooked in traditional goan style, tempered with mustard seeds, curry leaves & fresh coconut
- CHICKEN KATHMANDU** 14.95
tikka of chicken simmered in a spice sauce with onions & pepper with hint of tomatoes
- MURGH TAK A TAK** 14.95
a potent fusion of delicately spiced juliennes of chicken, onions & peppers
- COCONUT MURGH** 14.95
chicken cooked in coconut milk & executed coconut
- SALMON FISH (With Butter Sauce)** 14.95
marinated salmon fish cooked in a clay oven served with buttery tomato sweet sauce.

CHOICE OF:

- LAMB 13.50 KING PRAWN 14.95
CHICKEN 12.95 WHITE FISH 14.95

- VENISON CURRY** 14.95
tender venison cooked with exomatic Spices in Chef's special sauce.



IF YOU HAVE ANY FOOD ALLERGIES PLEASE INFORM A MEMBER OF STAFF AS SOME OF OUR DISHES MAY CONTAIN NUTS & BONES

TRADITIONAL CURRY

- CHASHNI**
an exquisitely creamy sauce with a twist of sweet & sour
- ROGAN JOSH** 14.95
fusion of tomatoes, paprika & a host of spices
- JALFREZI** 14.95
chunks of onions, tomatoes & peppers tempered with mustard seeds
- JALANDHRI** 14.95
slightly spice sauce infused with ginger garlic, green chillies, peppers & finished with a flourish of coconut cream
- MALAI DAR** 14.95
spinach puree & green chilli paste simmered in a rich ginger & garlic tarka with a flourish of fresh cream
- KORMA**
classic mild & creamy
- MADRAS** 14.95
cooked in a traditional very hot & spicy curry with extra chillies
- KARAH BHOONA** 14.95
simmered karahi style in a rich garam masala with an abundance of onions & chopped capsicums
- TIKKA MASALA**
flavoursome fusion of ginger, garlic, peppers & onions
- SOUTH INDIAN GARLIC CHILLI** 14.95
simmered in a rich garlic tarka with lashings of wicked green chillies
- TRADITIONAL CURRY** 14.95
the original classic
- BHOONA** 14.95
cooked in rich & flavoursome condensed sauce with plenty of ginger, garlic & tomatoes
- BALTI** 14.95
tantalising tandoori spices, tangy chickpeas, a flourish of fresh creamy yogurt
- JAIPURI** 14.95
potent fusion of peppers, onions, ginger, garlic, green chillies & a touch of coconut simmered in exotic jaipuri spices
- DOPIYAZA** 14.95
cooked with onions, tomatoes, garlic, ginger & spices
- DHANSAK** 14.95
cooked with curried lentils & well seasoned spices

CHOICE OF:

- LAMB 12.50 CHICKEN 11.95
VEG 11.50 PANEER 11.50
KING PRAWN 14.95

BIRYANI

- HYDERABADI DUM BIRYANI (Hyderabad)**
Simmered in basmati rice with a host of aromatic spices, Cardamom, saffron, fenugreek & garnished with coriander

CHOICE OF:

- LAMB 11.95 CHICKEN 10.95
KING PRAWN 12.95 WHITE FISH 12.95
VEGETABLE 10.95